

#### **Your First Aid Kit**

☐ Bottled water and other fluids

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A first aid kit should be kept in the home and each automobile and should include:

☐ Sterile adhesive bandages
☐ Sterile gauze pads
☐ Hypoallergenic adhesive tape
☐ Triangular bandages (3)
Sterile roller bandages, antibiotic ointment, scissors, tweezers, needle,
moistened towelettes, antiseptic, thermometer, tongue blades (2)
Tube of petroleum jelly or other lubricant
Assorted sizes of safety pins
☐ Cleansing agent/soap
☐ Latex gloves (2 pairs)
Sunscreen
☐ Bug repellent
Aspirin or non-aspirin pain reliever, anti-diarrhea medication, antacid
D d



Walgreens



# **Hurricane Family Plan**

☐ Hold a family meeting
Discuss the hazards of hurricanes. Encourage children to talk about their fears and explain some of the things you'll be doing to keep everyone safe. Start a written list of things you'll need to take care of and encourage everyone in the family to contribute their ideas.
☐ Discuss whether you'll need to evacuate
Determine whether you live in an evacuation zone and, if so, where you will go if an evacuation order is given. Going to a family or friend's house or hotel outside the evacuation area is your best choice. If you choose to go out of town, do so well in advance of the storm. Since shelters provide for only basic needs, this should be your choice of last resort.
☐ Ensure your assets are protected
☐ Inventory your home possessions and videotape or photograph items of value. Review your insurance policies to ensure you have adequate coverage.
☐ Assess your home for vulnerable areas
☐ Do a walk-through of your home and property to evaluate your roof, windows, garage door, landscaping, etc. and determine what actions you will take.
☐ Make a plan to protect your vehicles
☐ Decide where you will store or park your vehicle, boat or RV. Check your vehicle insurance policy and keep it in the same safe place as your homeowner's policy.
☐ Secure your home
☐ Decide what actions you will need to take to protect your home and your property (shutters, generator, trim trees), and to keep as comfortable as possible during recovery.
Discuss whether anyone in your home is elderly or has special needs and, if so, make arrangements in advance to accommodate those needs.
☐ Make a plan for your pet

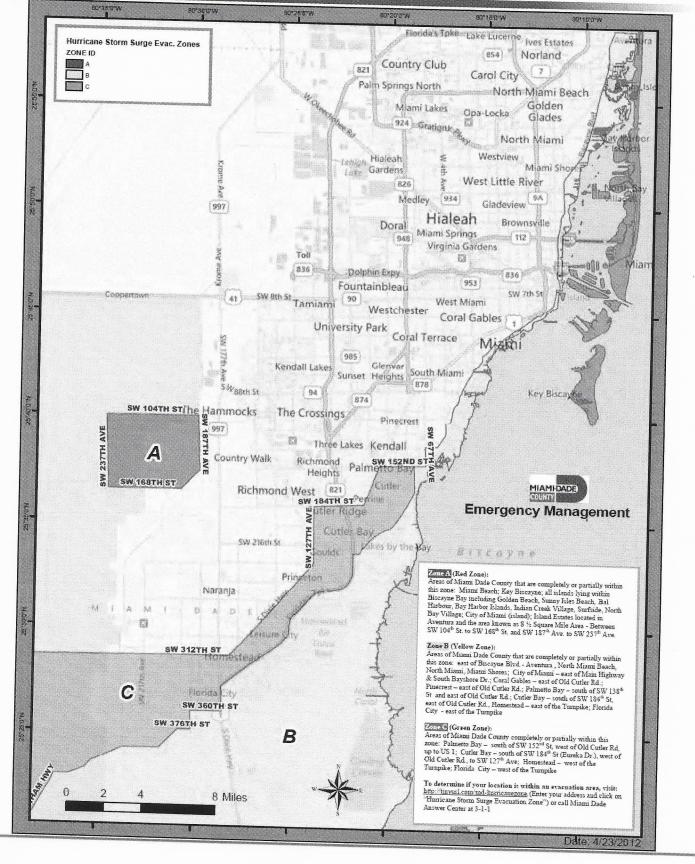


# **Hurricane Family Plan**

☐ Determine how you will address your pet's needs and make a plan for your pet in case you have to evacuate. If appropriate, plan for large animals such as horses
☐ Gather your supplies
☐ Determine your family's food, water and medical needs and assemble your hurricane kit according to those needs (see sidebar for essential items to include)
☐ Notify others of your plan
Let family or friends know what your hurricane plan is so they can check on you in the aftermath of the storm. Establish an out-of-town contact
Plan ahead for the possibility of becoming separated from your family and friends, whether it is a personal emergency or a larger-scale disaster
Start by designating a single, out-of-town contact that your family or household members can call, e-mail or text message should a disaster occur. If local phone service is overwhelmed, it may be easier to call outside the area. Your contact should be aware that they are your family's designated contact
All of your loved ones should agree to call the out-of town contact to report their whereabouts and welfare
Regular contact with your designated person will help to keep everyone informed. After initial contact and depending on the circumstances, you might set a specific check-in time
☐ When telephone lines are busy, e-mails or text messages may go through when calls cannot
☐ Create an emergency contact list; include phone numbers and e-mail addresses for your designated out-of-town contact, loved ones, neighbors and other emergency numbers such as police, fire and your physician
☐ Make copies of the list for every family member and print a copy to keep by the phone and with your emergency supplies



# Miami-Dade County Evacuation Zones





# **Emergency Transportation**

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Miami-Dade, Broward and Monroe Counties encourage individuals living in hurricane evacuation zones to have arrangements in place to stay outside of the hurricane evacuation zones during a tropical storm or hurricane.

For those unable to make such arrangements, the American Red Cross opens Hurricane Evacuation Centers as shelters of last resort in Miami-Dade and Broward counties. In Monroe County, shelters will open only during Category 1 and 2 storms and will be managed by county volunteers and the Salvation Army. Individuals that are unable to provide their own transportation to a Hurricane Evacuation Center can use public evacuation transportation.

All counties will activate specific Emergency Evacuation Bus Pick-Up Sites as directed by their Offices of Emergency Management. The buses will only travel between the Emergency Evacuation Bus Pick-Up Sites and the Hurricane Evacuation Centers.

To learn which Emergency Evacuation Bus Pick-Up Sites are active during a particular storm you should watch Local 10 or monitor county websites:

#### Miami-Dade County

www.miamidade.gov/fire/evacuations.asp

#### **Broward County**

http://www.broward.org/Hurricane/AtoZ/Pages/Transportation.aspx

#### **Monroe County**

www.fl-monroecounty.civicplus.com





## **Miami-Dade Evacuation Centers**

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Evacuating locally to the home of a friend or family member outside of the evacuation area is highly recommended. Hurricane Evacuation Centers should be utilized when that alternative does not exist. Remember, evacuation centers are not designed for comfort and not all accept pets.

NOT EVERY SITE WILL OPEN FOR EVERY EVACUATION

Please monitor the local radio or television, or dial 3-1-1 (TTD (305) 468-5402) to find out which centers are open when an evacuation order is announced. People who require special assistance in evacuating or would like to register for the pet-friendly evacuation center can dial 3-1-1 to get information about specialized evacuation

The schools listed below are accessible for people with disabilities.

	sizio foi people with disabilities	. 9	
Facility Name	Address	City/Neighborhood	Zip Code
	Northeast Miami-Dade Co		
Dr. Michael M. Krop Senior	1410 NE 215 <sup>th</sup> Street	North Miami-Dade	33179
North Miami Senior	13110 NE 8th Avenue	North Miami	33161
North Miami Beach Senior	1247 NE 167 <sup>th</sup> Street	North Miami Beach	33162
Highland Oaks Middle	2375 NE 203 <sup>rd</sup> Street	North Miami Beach	33180
Miami Central Senior	1781 NW 95 <sup>th</sup> Street	Miami	33147
	Northwest Miami-Dade Co	ounty	
Lawton Chiles Middle	8190 NW 197 <sup>th</sup> Street	Northwest Miami-Dade	33015
Hialeah Gardens Senior	11700 Hialeah Gardens Blvd.	Hialeah Gardens	33018
Barbara Goleman Senior	14100 NW 89 <sup>th</sup> Avenue	Miami Lakes	33018
Country Club Middle	18305 NW 75 <sup>th</sup> Place	Northwest Miami-Dade	33015
Miami Carol City Senior	3301 Miami Gardens Drive	Miami Gardens	33056
	Central Miami-Dade Cou	nty	
Booker T. Washington Senior	1200 NW 6 <sup>th</sup> Avenue	City of Miami	33136
Ronald Reagan Senior	8600 NW 107 <sup>th</sup> Avenue	Doral	33178
Charles Drew Middle	1801 NW 60 <sup>th</sup> Street	City of Miami	33142
Mami Coral Park Senior	8865 SW 16 <sup>th</sup> Street	Westchester	33165
V.R. Thomas Middle	13001 SW 26 <sup>th</sup> Street	West Miami-Dade	33175
	Southern Miami-Dade Cou	ıntv	
Robert Morgan Senior	18180 SW 122 <sup>nd</sup> Avenue	Miami	33177
erra Environmental Senior	11005 SW 84 <sup>th</sup> Street	Miami	33173
orge Mas Canosa Middle	15735 SW 144 <sup>th</sup> Street	Miami	33196
outh Miami Senior	6856 SW 53 <sup>rd</sup> Street	South Miami	33155
elix Varela Senior	15255 SW 96 <sup>th</sup> Street	West Kendall	33196



# **Special Needs Shelters and Evacuation**

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Miami-Dade, Broward, and Monroe County residents who require daily skilled nursing care, assistance with daily living, or have life-saving medical equipment dependent on electricity should register for the Special Needs & Emergency Evacuation Assistance Program. This program is specifically for those individuals who live alone or with their families, and not in a managed care facility such as an assisted living facility (ALF) or nursing home.

Registration well in advance is recommended, but not required.

#### Miami-Dade County

Call 3-1-1 or download the application at - http://www.miamidade.gov/fire/evacuation-program.asp

#### **Broward County**

Emergency Transportation - <u>broward.org/hurricane</u> Special Needs Shelter and Evacuation - <u>broward.org/AtRisk</u>

#### Monroe County

http://fl-monroecounty.civicplus.com/index.aspx?NID=148



#### **Storm Terms**

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#### **Tropical Storm Watch**

An announcement that tropical storm conditions (sustained winds of 39 to 73 mph) are *possible* within the specified coastal area within 48 hours.

#### **Tropical Storm Warning**

An announcement that tropical storm conditions (sustained winds of 39 to 73 mph) are *expected* somewhere within the specified coastal area within 36 hours.

#### **Hurricane Watch**

An announcement that hurricane conditions (sustained winds of 74 mph or higher) are *possible* within the specified coastal area. Because hurricane preparedness activities become difficult once winds reach tropical storm force, the hurricane watch is issued 48 hours in advance of the anticipated onset of tropical-storm-force winds.

#### **Hurricane Warning**

An announcement that hurricane conditions (sustained winds of 74 mph or higher) are *expected* somewhere within the specified coastal area. Because hurricane preparedness activities become difficult once winds reach tropical storm force, the hurricane warning is issued 36 hours in advance of the anticipated onset of tropical-storm-force winds.

#### Saffir-Simpson Hurricane Wind Scale

The Saffir-Simpson Hurricane Wind Scale is a 1 to 5 categorization based on the hurricane's intensity at the indicated time. The scale provides examples of the type of damage and impacts in the United States associated with winds of the indicated intensity.

Category	Wind Speed (mph)	Damage
1	7.4 0.5	Very dangerous winds will produce some damage
2	96 - 110	Extremely dangerous winds will cause extensive damage
3	111 - 129	Devastating damage will occur
4		Catastrophic damage will occur
5	11	Catastrophic damage will occur

#### Storm Surge

An abnormal rise in sea level accompanying a hurricane or other intense storm, and whose height is the difference between the observed level of the sea surface and the level that would have occurred in the absence of the cyclone. Storm surge is usually estimated by subtracting the normal or astronomic high tide from the observed storm tide.



#### **Plans For Your Pets**

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#### **Pet Friendly Shelters**

Pet-friendly shelters have been established during hurricane season. Locations in Miami-Dade & Broward Counties will be announced at the time of an evacuation. In Monroe County refer to the Monroe Shelter's section. Please note Monroe County Shelters WILL NOT BE OPENED in a Category 3, 4, or 5 Hurricane

#### Owners may need to pre-register their pets

#### Miami-Dade County

For more information, call 3-1-1 or go online to <a href="http://www.miamidade.gov/animals/pet-safety.asp">http://www.miamidade.gov/animals/pet-safety.asp</a>

#### **Broward County**

Call the Humane Society of Broward County at 954-989-3977

#### **Monroe County**

Download an application at <a href="http://fl-monroecounty.civicplus.com/index.aspx?nid=92">http://fl-monroecounty.civicplus.com/index.aspx?nid=92</a>

The following animals will be allowed: Dogs, cats, ferrets, pocket pets (such as hamsters, gerbils, guinea pigs), rabbits and birds (no exotics).

You may register three pets per family.

All pets must have proof of vaccination and registration, be properly crated/caged and maintained by their owners. No pets may be dropped off. Certain supplies must accompany your pet(s) to the shelter.

It is important to remember that not all shelters are activated during an emergency. This will include pet-friendly shelters. Watch the news or call 3-1-1 to know which shelters are open during a disaster.



#### **Plans For Your Pets**

rabies certificate and current

license tag number

		Page-
Animal Owner Tips  ☐ Pet may need to be pre- registered to be allowed into designated pet-friendly evacuation centers  ☐ Owners should prepare a Pet Survival Kit for each pet  ☐ Owners living in evacuation zones must pre-plan their evacuation and evacuate early as pet-friendly hotels and motels fill quickly.	First Aid Kit  First Aid Guide Book Roller Bandages Scissors Gauze Antibiotic Ointment Medication with instructions Medical records  Cleaning Supplies Cat litter, litter box, litter	☐ Plastic trash bags ☐ Hand sanitizer ☐ "Quick Bath" wipes ☐ Plastic poop bags  Other ☐ Toys ☐ Blanket ☐ Emergency phone number for veterinarian
Food  ☐ At least a three to seven day supply of food & treats ☐ Manual can opener ☐ Food dish  Water	scooper  Puppy training pads Paper towels Disinfectant	TOI Veterinarian
<ul> <li>□ At least a three to seven day supply of bottled water</li> <li>□ Water dish</li> <li>□ Pet Carrier</li> <li>□ One crate or carrier for each pet</li> </ul>	41/185 03	
☐ Carrier should be large enough for the animal to stand and turn around ☐ Identification ☐ Tag, collar, leash ☐ Microchip ☐ Photo of pet with owner ☐ Photo of any distinguishing marks on pet ☐ Veterinary records with		



# Flood Dangers Are Real

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Much of the Florida coastline is prone to flooding during Hurricane Season. Nearly 25% of flood insurance claims come from moderate to low risk areas.

#### Flood Watch

A "Flood Watch" means that conditions are favorable for heavy rain that could lead to flooding. Keep informed by watching Local 10 News and if the power is out listen to 101.5 LITE FM, MAJIC 102.7 FM, and 790 AM the Ticket to be ready for quick action if flooding is observed or a warning is issued.

#### **Flood Warning**

A "Flood Warning" means that flooding is imminent or occurring. If advised to evacuate, do so immediately. Move to a safe area before access is cut off by flood water. Continue to closely monitor the situation.

#### **Flood Safety**

Do not walk through flowing water. Drowning is the number one cause of flood related deaths, mostly during flash floods. Currents can be deceptive: six- inches of moving water can knock you off your feet. If you walk in standing water, use a pole or stick to see how deep the water is.

Do not drive through a flooded area. Nearly half of all flood fatalities are vehicle related.

Do not drive around road barriers; the road or bridge may be washed out. If your vehicle stalls, abandon it immediately and seek higher ground. Rapidly rising water may sweep the vehicle away. Stay away from power lines and electrical wires. The number two flood related killer, after drowning, is electrocution. Electric current can travel through water. Report downed power lines to your power company or county emergency operations center.

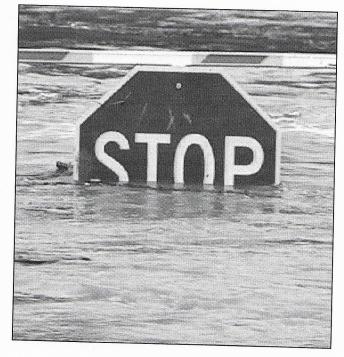
Keep children away from culverts and storm drains.

Don't use appliances or motors that have gotten wet unless they have been taken apart, cleaned and dried.

#### **Property Protection**

Use sand bags to reduce erosion and scouring.

Elevate furniture above flood protection levels.





## Flood Dangers Are Real

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#### Flood Insurance

Most people learn too late that standard property insurance does not cover flood damage or that there's a 30-day waiting period before newly purchased coverage goes into effect. There's also about a 25 percent chance of experiencing a flood during the life of a 30-year mortgage.

Call the National Flood Insurance Program (NFIP) at (888) 379-9531 or go to www.floodsmart.gov to learn how to purchase flood insurance and become eligible for flood assistance through local programs. The NFIP Claims Department can be reached at (800) 767-4341.

#### **Before A Flood**

Make plans of what you will do and where you will go in a flood emergency.

Know the elevation of your property in relation to nearby streams and other waterways.

For flood map information in Miami-Dade County call (305) 372-6466 or use Miami-Dade's GIS system at:

http://gisweb.miamidade.gov/floodzone

In Broward County use Broward's GIS system at: <a href="http://gis.broward.org/website/flood/search.htm">http://gis.broward.org/website/flood/search.htm</a>

#### **Emergency Operation Centers**

Miami Dade: (305) 468-5400

Broward: (954) 831-3900

Monroe: (800) 955-5504

#### Flood & Drainage Complaints

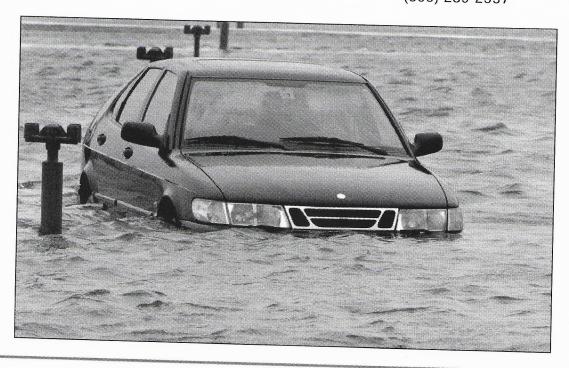
Miami Dade: (305) 372-6688

Broward: Call the Emergency Operations

Center if activated

Monroe: (305) 289-2502 or

(305) 289-2537





# When In Doubt...Throw It Out

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Meat, poultry, fish and eggs should be kept refrigerated at or below 40 degrees Fahrenheit and frozen food at or below zero degrees. When the power goes out, the refrigerator will keep food safely cold for about four hours if unopened, according to the USDA. A full freezer will maintain the temperature for about 48 hours (24 hours if half full) if the door is not opened.

	Contains ice crystals; temperature below 40°	Thawed or above 40° for more than two hours
Meat, poultry, seafood		
Beef, veal, lamb, pork,		
and ground meats	Refreeze	
Poultry and ground poultry		Discard
Variety meats (liver, kidney, heart, chitterlings)	Refreeze Refreeze	Discard
Casseroles, stews, soups	Refreeze	Discard
Fish, shellfish, breaded seafood	Refreeze, there will be	Discard
	texture and flavor loss	D:1
Dairy	contains and haven loss	Discard
Milk	Refreeze, will lose some texture	
Eggs (out of shell), egg products	Refreeze	Discard
Ice cream, frozen yogurt	Discard	Discard
Cheese (soft and semi-soft)	Refreeze	Discard
Hard cheeses	Refreeze	Discard
Shredded cheeses	Refreeze	Refreeze
Casseroles containing milk, cream, eggs, soft cheeses	Refreeze	Discard
Cheesecake	Refreeze	Discard
_	Neireeze	Discard
Fruits		
Juices	Refreeze	D-6
1444	r conceze	Refreeze, unless
Home, commercially packaged	Refreeze	yeasty smell develops Refreeze, unless
		yeasty smell develops
Vegetables		yeasty sittell develops
Juices	Refreeze	Discoulty 4
	reneeze	Discard if above 40°
Home, commercially packaged	Refreeze	for six hours
	P 100 Not 3 is Not Not Standing	Discard if above 40° for six hours
Breads, pastries		ioi six flours
Breads, rolls, cakes without custard fillings	Refreeze	
Jakes, pies, pastries with custard or cheese filling	Refreeze	Refreeze
Pie crusts, bread dough	Refreeze	Discard
	Keneeze	Refreeze, but quality
Other		loss considerable
Passeroles – pasta, rice-based	Dakas	
lour, cornmeal, nuts	Refreeze	Discard
reakfast items, waffles, pancakes, bagels	Refreeze	Refreeze
rozen meal, entree, specialty items /nizza	Refreeze	Refreeze
ausage and biscuit, meat pie, convenience foods)	Refreeze	
	VelleeZe	Discard



# When In Doubt...Throw It Out

Meat, poultry, seafood		
Raw or leftover cooked meat, poultry, fish, or seafood; soy meat substitutes		Discount
mawing meat or poultry		Discard
Meat, tuna, shrimp, chicken or egg salad		Discard
Gravy, stuffing or broth		Discard
Lunchmeats, hot dogs, bacon, sausage, dried beef		Discard
Pizza with any topping		Discard
Canned hams labeled "keep refrigerated"		Discard
Canned meats and fish, opened		Discard Discard
Cheeses		Discard
Soft cheeses (bleu, Roquefort, Brie, Camembert, cottage, cream, Edam,		
Monday Jack, IlColla, Mozzarella Milenster Neufchatal augas El		D:
rigid Circoses (Ciedual Colov Swiss permeson providence De	Safe	Discard
rocessed citeeses	Safe	
Shredded cheeses	Vale	D:1
Low-fat cheeses		Discard
Grated Parmesan, Romano, or combination (in can or jar)	Safe	Discard
Dairy	Oale	
Milk, cream, sour cream, buttermilk, evaporated milk, yogurt, eggnog, soy milk		
Patter, marganie		Discard
Baby formula, opened	Safe	
Eggs		Discard
Fresh eggs, hard-cooked in shell, egg dishes, egg products		
Custards and puddings		Discard
Casseroles, soups and stews		Discard
Fruits		Discardial
Fresh fruits, cut		Discard
Fruit juices, opened	Safe	Discard
Canned fruits, opened	Safe	
Fresh fruits, coconut, raisins, dried fruits, candied fruits, dates Sauces and spreads	Safe	
		Discard if above 50°
Peanut butter	0.4	for more than 8 hours
Jelly, relish, taco sauce, mustard, catsus, place, pickles	Safe	
Jelly, relish, taco sauce, mustard, catsup, olives, pickles Worcestershire, soy, barbeque sauces	Safe	
Jelly, relish, taco sauce, mustard, catsup, olives, pickles Worcestershire, soy, barbecue sauces Fish sauces (oyster sauce)		for more than 8 hours
Jelly, relish, taco sauce, mustard, catsup, olives, pickles Worcestershire, soy, barbecue sauces Fish sauces (oyster sauce) Hoisin sauce	Safe	for more than 8 hours  Discard
Jelly, relish, taco sauce, mustard, catsup, olives, pickles Worcestershire, soy, barbecue sauces Fish sauces (oyster sauce) Hoisin sauce Opened vinegar-based dressings	Safe Safe	for more than 8 hours
Jelly, relish, taco sauce, mustard, catsup, olives, pickles Worcestershire, soy, barbecue sauces Fish sauces (oyster sauce) Hoisin sauce Opened vinegar-based dressings Opened creamy-based dressings	Safe	for more than 8 hours  Discard  Discard
Jelly, relish, taco sauce, mustard, catsup, olives, pickles Worcestershire, soy, barbecue sauces Fish sauces (oyster sauce) Hoisin sauce Opened vinegar-based dressings Opened creamy-based dressings Spaghetti sauce, opened jar	Safe Safe	for more than 8 hours  Discard  Discard  Discard
Jelly, relish, taco sauce, mustard, catsup, olives, pickles Worcestershire, soy, barbecue sauces Fish sauces (oyster sauce) Hoisin sauce Opened vinegar-based dressings Opened creamy-based dressings Spaghetti sauce, opened jar Breads, pastas and grains	Safe Safe	for more than 8 hours  Discard  Discard
Jelly, relish, taco sauce, mustard, catsup, olives, pickles Worcestershire, soy, barbecue sauces Fish sauces (oyster sauce) Hoisin sauce Opened vinegar-based dressings Opened creamy-based dressings Spaghetti sauce, opened jar Breads, pastas and grains Bread, rolls, cakes, muffins, quick breads, tortillage	Safe Safe Safe	for more than 8 hours  Discard  Discard  Discard
Jelly, relish, taco sauce, mustard, catsup, olives, pickles Worcestershire, soy, barbecue sauces Fish sauces (oyster sauce) Hoisin sauce Opened vineagar-based dressings Opened creamy-based dressings Spaghetti sauce, opened jar  Breads, pastas and grains Breads, rolls, cakes, muffins, quick breads, tortillas Refrigerator biscuits, rolls, cookie dough	Safe Safe	for more than 8 hours  Discard Discard Discard Discard
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Jelly, relish, taco sauce, mustard, catsup, olives, pickles Worcestershire, soy, barbecue sauces Fish sauces (oyster sauce) Hoisin sauce Opened vineagar-based dressings Opened creamy-based dressings Spaghetti sauce, opened jar  Breads, pastas and grains Breads, rolls, cakes, muffins, quick breads, tortillas Refrigerator biscuits, rolls, cookie dough Cooked pasta, rice, potatoes Pasta salads with mayonnaise or vinaigrette	Safe Safe Safe	for more than 8 hours  Discard Discard Discard Discard Discard Discard
Jelly, relish, taco sauce, mustard, catsup, olives, pickles Worcestershire, soy, barbecue sauces Fish sauces (oyster sauce) Hoisin sauce Opened vinegar-based dressings Opened creamy-based dressings Spaghetti sauce, opened jar Breads, pastas and grains Bread, rolls, cakes, muffins, quick breads, tortillas Refrigerator biscuits, rolls, cookie dough Cooked pasta, rice, potatoes Pasta salads with mayonnaise or vinaigrette Fresh pasta	Safe Safe Safe	Discard
Jelly, relish, taco sauce, mustard, catsup, olives, pickles Worcestershire, soy, barbecue sauces Fish sauces (oyster sauce) Hoisin sauce Opened vinegar-based dressings Opened creamy-based dressings Spaghetti sauce, opened jar Breads, pastas and grains Bread, rolls, cakes, muffins, quick breads, tortillas Refrigerator biscuits, rolls, cookie dough Cooked pasta, rice, potatoes Pasta salads with mayonnaise or vinaigrette Fresh pasta Cheesecake	Safe Safe Safe	Discard
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Jelly, relish, taco sauce, mustard, catsup, olives, pickles Worcestershire, soy, barbecue sauces Fish sauces (oyster sauce) Hoisin sauce Opened vinegar-based dressings Opened creamy-based dressings Spaghetti sauce, opened jar Breads, pastas and grains Bread, rolls, cakes, muffins, quick breads, tortillas Refrigerator biscuits, rolls, cookie dough Cooked pasta, rice, potatoes Pasta salads with mayonnaise or vinaigrette Fresh pasta Cheesecake Breakfast foods, waffles, pancakes, bagels Pies, pastries Pastries, cream-filled	Safe Safe Safe Safe	Discard
Jelly, relish, taco sauce, mustard, catsup, olives, pickles Worcestershire, soy, barbecue sauces Fish sauces (oyster sauce) Hoisin sauce Opened vinegar-based dressings Opened creamy-based dressings Spaghetti sauce, opened jar Breads, pastas and grains Bread, rolls, cakes, muffins, quick breads, tortillas Refrigerator biscuits, rolls, cookie dough Cooked pasta, rice, potatoes Pasta salads with mayonnaise or vinaigrette Fresh pasta Cheesecake Breakfast foods, waffles, pancakes, bagels Pies, pastries Pastries, cream-filled Pies, custard, cheese filled or chiffon, quicke	Safe Safe Safe Safe	Discard
Jelly, relish, taco sauce, mustard, catsup, olives, pickles Worcestershire, soy, barbecue sauces Fish sauces (oyster sauce) Hoisin sauce Opened vinegar-based dressings Opened creamy-based dressings Spaghetti sauce, opened jar Breads, pastas and grains Bread, rolls, cakes, muffins, quick breads, tortillas Refrigerator biscuits, rolls, cookie dough Cooked pasta, rice, potatoes Pasta salads with mayonnaise or vinaigrette Fresh pasta Cheesecake Breakfast foods, waffles, pancakes, bagels Pies, pastries Pastries, cream-filled Pies, custard, cheese filled or chiffon, quiche Pies, fruit	Safe Safe Safe Safe	Discard
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# **Returning Home After A Disaster**

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Returning home after a major disaster can be both dangerous and difficult. Be careful entering a disaster area. Before returning to an area that has been evacuated, make sure local officials have advised it is safe to travel through areas between where you are and home.

Use the following information as a guide for returning home after disaster strikes:  Turn on a battery-operated radio for emergency information.  Check for injured or trapped people and provide first aid, if trained.  Use telephones only in the case of an emergency.  Put on heavy shoes for protection against glass or other debris.  Check food and water supply before using them. Foods that require refrigeration may be spoiled if the electricity was cut off for some time. Do not eat any food that has been in contact with flood waters.  Obtain extra food, clothing, medical care or shelter at American Red Cross Emergency Aid Stations.  Extinguish all open flames.  Gas leaks – if not already turned off at the direction of local officials. If you smell gas, turn off the main valve, open the windows and leave the house immediately.  Check for water leaks – if not already turned off at the direction of local officials. If water leaks are suspected, shut off the water at the main water valve.  If instructed to do so by local officials, shut off utilities. Always have utilities turned back on by a professional.  Look for electrical system damage. If there is damage to the electrical system, turn off the system at the main circuit breaker or fuse box.  Check electrical appliances.
<ul> <li>☐ Check electrical appliances.</li> <li>☐ Investigate buildings. Be careful when entering a damaged building. Stay away from fallen or damaged electrical wires. Use a flashlight to inspect damage.</li> <li>☐ Check the sewage lines are intact before flushing toilets.</li> </ul>
☐ Check house, roof and chimney for structural damage
<ul> <li>□ Open closets and cupboards carefully.</li> <li>□ Clean up spilled medicines, bleaches, gasoline or other flammable liquids immediately.</li> <li>□ Don't drive unless absolutely necessary.</li> </ul>
Checking Appliances
ppliance, dry it out, then reconnect it and turn the main power switch in the house. Unplug the electrical power is restored, turn off the main power switch back on. If fuses blow when the the home wiring or appliances. If you are unsure call a professional swels are the same to the home wiring or appliances.

lf a tŀ in the home wiring or appliances. If you are unsure, call a professional, such as an electrician or an appliance repair service.



## What To Do After The Storm

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After the storm passes there are several steps to protect property from additional damage and to aid in the filing of an insurance claim.

#### Make Temporary Repairs

Be extremely careful if you make temporary repairs to prevent further weather related damage. Often, more accidents and deaths occur after hurricanes from people attempting to make repairs.

Cover holes in the roof, walls, doors and windows with plastic or boards.

Save receipts for any material you buy. Your insurance company may reimburse you for the cost.

Beware of building contractors that encourage you to spend a lot of money on temporary repairs. Remember that payments for temporary repairs are part of the total settlement. If you pay a contractor a large sum for a temporary repair job, you may not have enough money for permanent repairs.

Don't make extensive permanent repairs until after the claims adjuster has been to your home and assessed the damage.

Avoid using electrical appliances, including stereos and television sets, that have been exposed to water unless they've been checked by a technician.

#### **Call Insurance Agent/Company**

Report the damage to your insurance agent or insurance company representative. Ask questions such as: Am I covered? Does my claim exceed my deductible? (Your deductible is the amount of loss you agree to pay yourself when you buy a policy.) How long will it take to process my claim? Will I need to obtain estimates for repairs to structural damage?

Most homeowners' policies cover additional living expenses such as food and housing costs, telephone or utility installation costs in a

temporary residence, extra transportation costs to and from work or school, relocation and storage expenses and furniture rental for a temporary residence.

Save all receipts.

Your insurance company will usually advance you money for these expenses. The payments will be part of the final claim settlement. Let your insurance company know where you can be reached so that the claims adjuster can give you a check.

The maximum amount available to pay for such expenses is generally equal to 20 percent of the insurance on your home. So on a home insured for \$100,000, up to \$20,000 would be available. This amount is in addition to the \$100,000 to pay for repairs or to rebuild your home.

Some insurance companies pay more than 20 percent. Others limit additional living expenses to the amount actually spent during a certain period of time, such as 12 months, instead of a maximum percentage of the policy limit.

#### Prepare For Adjuster's Visit

The claims process may begin in one of two ways:

- Your insurance company may send you a claim form, known as a "proof of loss form," to complete.
- 2. An adjuster may visit your home before you're asked to fill out any forms. (An adjuster is a person professionally trained to assess the damage.) Usually, the more information you have about your damaged home and belongings the faster your claim can be settled.

Major disasters make enormous demands on insurance company personnel. Your adjuster generally will come prepared to do a thorough and complete study of the damage to your home. However, the large number of claims may place time restrictions on adjusters forcing them to "scope the loss."



# What To Do After The Storm

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If your adjuster doesn't make a complete evaluation of the loss on the first visit, try to set up an appointment for a second visit.

Be sure to keep copies of lists and other documents you submit to your insurance company. Also, keep copies of whatever paperwork your insurance company gives you.

#### **Personal Belongings**

Make lists of the damaged items. Include the brand names and model numbers of appliances and electronic equipment. If possible, take photographs of the damage. Don't forget to list items such as clothing, sports equipment, tools, china, linens, outside furniture, holiday decorations and hobby materials.

Use your home inventory or put together a set of records (old receipts, bills and photographs) to help establish the price and age of everything that needs to be replaced or repaired.

If your property was destroyed or you no longer have any records, you will have to work from memory. Try to picture the contents of every room and then write a description of what was there. Try also to remember where and when you bought each piece and about how much you paid.

Don't throw out damaged furniture and other expensive items because the adjuster will want to see them.

#### Structure Of Your Home

Identify the structural damage to your home and other buildings on your premises, like a garage, tool shed or in-ground swimming pool.

Make a list of everything you would like to show the adjuster when he or she arrives. This should include cracks in the walls, damage to the floor or ceiling and missing roof tiles. If structural damage is likely even though you can't see any signs of it, discuss this with your adjuster. In some cases, the adjuster may recommend hiring a licensed engineer or architect to inspect the property.

Have the electrical system checked. Most insurance companies pay for such inspections.

Get written bids from reliable, licensed contractors on the repair work. The bids should include details of the materials to be used and prices on a line-by-line basis.



#### **Public Adjusters**

Your insurance company provides an adjuster at no charge to you. You also may be contacted by adjusters who have no relationship with your insurance company and charge a fee for their services. These are known as public adjusters. You may use a public adjuster to help you in settling your claim.

Public adjusters may charge you as much as 15 percent of the total value of your settlement for his or her services. The fee isn't covered by your insurance policy. Sometimes after a disaster, the percentage that public adjusters may charge is set by the State insurance department.

If you decide to use a public adjuster, first check his or her qualifications by calling your state insurance department. Ask your agent, a lawyer or friends and associates for the name of a professional adjuster they can recommend. Avoid individuals who go from door to door after a major disaster unless you are sure they are qualified.



#### Hurricane FAQ's

- Should people who evacuate do anything special to help minimize damage to the electric and plumbing systems in their homes?
- If you plan to evacuate, turn off the circuit breakers for the water heater. Also, consider turning off power to your home at the main electrical panel, and turning off water at the home's main service valve.
- Once a storm has passed, should you immediately call the Electric Company to report a power outage?
- Following major storms, Electric Companies know when large areas are without power. Call only for emergency situations, such as downed power lines.
- If a storm approaches will homeowners be able to purchase Flood Insurance to protect their homes?
- In most cases there is a 30-day waiting period from the time an insurance policy is issued to when it goes into effect, so your home or business would not be insured against flooding from the impending hurricane.
- If you have evacuated your home during a storm, can you immediately return to your property once the storm has passed?
- Do not return to your home until local authorities say it is safe. Even after the hurricane and after the flood waters recede, roads may be weakened and could collapse. Buildings may be unstable, and drinking water may be contaminated.
- Should a storm damage your home or property, how soon should you call your insurance company?
- Once a storm has passed and your family is safe you should immediately contact your insurer as some companies place time limits on filing claims.
- If a "Boil Water" notice is issued, but power is out, how do people make sure their water is safe?
- If you cannot boil water, use bleach to purify water for drinking. Use regular chlorine bleach without added fragrances. Follow the purification directions on the label. If none are given, use two drops of bleach per quart of water, or 8 drops per gallon of water. Let the water stand for 30 minutes. Also, Clorox says you can make a good sanitizing solution to wash and disinfect dishes, countertops, etc. by mixing one teaspoon of bleach in one gallon of water.



# JustWeather.com Hurricane Supply List



#### WATER

One gallon of drinking water per person, per day for for at least three to seven days

One gallon of water for each person per day for cooking and personal hygiene

Don't forget water for your pets

#### ICE

Freeze water in zip-type freezer bags and two-liter soda jugs Fill coolers with ice

Note: The ice can be used to perserve food once the power goes out

#### FOOD

Non-perishable packaged or canned food to last for at least three to seven days

Ready-to-eat canned meats, fruits, and vegetables

Canned or boxed juice

Canned or boxed milk

Cereal

Soup

Peanut butter and jelly, granola bars, trail mix

Instant coffee or tea

Dried fruits and nuts

Bread, crackers, and cookies

Raw vegetables

Fresh fruit

Special food for babies and the elderly



# JustWeather.com Hurricane Supply List

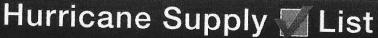


#### **For The Home**

Cooler for ice and food storage
Flashlights with extra batteries or hand-crank flashlights
Battery or solar powered lanterns
Battery powered NOAA Weather radio with extra batteries or hand-crank radio
Car charger for mobile phone
Battery operated digital TV with car charger adapter
Grill with extra propane, charcoal, or sterno (Outdoor Use Only)
Matches in waterproof container or butane starter for grill
Paper plates/bowls/cups, plastic eating utensils, napkins, paper towels, moist towelettes
Manual can opener and bottle opener
Cleaning supplies
Non-scented liquid household chlorine bleach or water purification tablets to purify water
Duct tape
Work gloves
Heavy-duty outdoor extension cords
Waterproof tarps
Plastic sheeting
Rope
Basic tool kit
Corded phone
Two-way radio if power, terrestrial telephone and cell towers fail
rife extinguisher
Smoke detectors
Carbon-monoxide detectors
Waterproof container or re-sealable plastic bag to store important papers like insurance, medical, bank, or Social Security documents
Cash (without power, credit cards are unusable)



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#### **Health Essentials**

First Aid Kit

Two week supply of prescription drugs

Two week supply of vitamins

Over the counter pain reliever

Antibacterial hand soap

Toilet paper

Plastic garbage bags

Mosquito repellent

Sunscreen

Toiletries/hygiene items

#### For Your Pet

Non-perishable food

Water

Medication

Documentation, license

#### Notes



# Atlantic Basin Hurricane Tracking Chart



