

# THE CLUB AT MONTERRA

## FITNESS CENTER RULES

- **CHILDREN LEFT IN THE PLAY ROOM WILL NOT BE MONITORED BY CLUBHOUSE STAFF**
- Use of the exercise equipment is at your own risk
- Gym and exercise room and equipment is on a first come, first served basis.
- To ensure a comfortable atmosphere for everyone, please be courteous and respectful of others
- Loud noises are distracting to others (NO BOOM-BOXES)
- Shirts and shoes must be worn at all times (NO SANDALS)
- Please wipe down the equipment when finished
- No food or beverages (except water) allowed in the fitness center
- No glass in the fitness center
- No pets in the fitness center
- No smoking.
- No personal trainers.
- No guest allowed.
- Please replace all free weights after each use.
- When others are waiting, please limit your use of weights to one set, and cardio equipment to 20 minutes
- Children under the age of 16 are not permitted in the gym
- Pick up all your belongings and keep them with you at any time (including but not limited to towels, water bottles, newspapers, magazines, etc.)
- The premises are to be used solely for activity they are set up (NO GATHERING OR TAKING UP ROOM FOR ANY OBJECTIONABLE ACTIVITY)

I acknowledge that I am fully responsible for my acts, omissions, and negligence, and the acts, omissions and negligence of minor children of mine. The undersigned further acknowledges his or her awareness and understanding of the risks, foreseen and unforeseen, known and unknown, of using the Fitness Center and the Fitness equipment (as changed from time to time) therein and hereby assumes any and all such risks. In consideration for allowing me and any minor children of mine to utilize the Fitness Center, and the Fitness equipment therein, I agree to indemnify and hold harmless the CM Monterra Property, LLC, Monterra Community Development District, the District Management Firm, the Club Management Firm, and their respective officers, employees, agents, assigns, and staff from any and all liability, claims, actions, suits, judgments or demands by any person, corporation, or other entity, arising out of or in any way connected to the use of the Fitness Center or any of the fitness equipment contained therein.

I have read, understand, and agree to comply with and abide by all provisions pertaining to the Fitness Center and other club facilities at the Club at Monterra Cooper City, as set forth in the Club Rules and Regulations, as amended from time to time, and have made sure that any minor children of mine using such facilities have read and understand all such provisions and rules.

Should I wish to revoke this consent form, I understand that I must provide written notice of such to the Club Manager and the District Manager of the District.

**I HAVE CAREFULLY READ THESE RULES AND FULLY UNDERSTAND ITS CONTENTS**

**PARTICIPANT/RELEASOR, PARENT OR GUARDIAN**

Signature \_\_\_\_\_ Signature \_\_\_\_\_

Print Name \_\_\_\_\_ Print Name \_\_\_\_\_

Address: \_\_\_\_\_ Date \_\_\_\_\_

**CM MONTERRA PROPERTY, LLC, MONTERRA CDD, DISTRICT MANAGEMENT, AND CLUB MANAGEMENT ASSUMES NO LIABILITY OR RESPONSIBILITY FOR INJURIES OR ACCIDENTS THAT MAY OCCUR AT THE FITNESS CENTER. THE USE OF THE FITNESS CENTER AND THE FITNESS EQUIPMENT CONTAINED THEREIN IS AT THE SOLE RISK OF THE USER.**